

Luther Dell Junior High Camp Information Sheet

Travel Information

We will be traveling on buses. The trip is approximately 4 hours. There will be a bathroom break mid-trip but no food stops so please BRING A BAG LUNCH TO EAT ON THE BUS. Check-in will be at Trinity. Please leave all bags/luggage (except carry-on) outside on the curb before coming into the building to check-in.

July 30-Aug 3

Arrive at Trinity at 8:00 a.m. on July 30

Busses leave at 8:15 a.m.

Return time 5:30 p.m. on Aug. 3

Aug 3 - 7

Arrive to Trinity 8:00 a.m. on Aug. 3

Busses leave at 8:15 a.m.

Return time 5:30 p.m. on August 7

Cabins and Counselors

Campers will stay in cabins of 6-8 students with two counselors. There will be an adult counselor and a senior high counselor in each cabin. Some cabins have bathrooms in them and others have nearby bath houses. Students need to bring bedding to put on the provided bunks and mattresses. The beds are bunk beds.

Canteen/Spending \$

No extra spending money is needed at camp. Please leave cash at home. Money may be deposited prior to camp into a canteen account for candy/drinks, Luther Dell wear and more expensive crafts (most crafts are free). There will be a card with the camper's name and amount deposited at the canteen. If remaining canteen money is less than \$5 it will be donated to the Trinity Youth Department, more than \$5 will be returned. We would like to take care of the canteen deposit at the parent meeting on May 19, 2010.

Boating/Water Activities

Students have the opportunity at camp to water ski, wakeboard and tube. There is a beach for kids to swim at and canoeing as well. These activities are optional. Students take a swim test at the beginning of the week to help lifeguards get to know students' swimming abilities. Experienced boat drivers from Trinity pull students on the boats. Students have the opportunity to learn how to do these water sports. Students wear lifejackets while they are doing these water activities. Lifeguards are positioned around the lake in accordance with ACA (American Camping Association) guidelines.

Medications

All medication will be collected when you check-in at Trinity. On the medical release form you will find a list of the over-the-counter medications we will provide and can be administered to your child with your permission. Even over-the-counter medications need to be collected and distributed by the camp medical staff. All prescription medication needs to be in its original bottle. We have med forms and bags, which need to be filled out for each prescription/OTC meds at check-in. Items like inhalers and epi pens can be kept on the students, but camp staff needs to be aware.

Student Behavior

We are expecting all our students to follow our camp guidelines, but if for any reason a student becomes a danger to themselves or others their parent(s) will be responsible to pick them up from camp. We do not allow any bullying behaviors. All students must act with respect toward their peers, leaders and God. Camp is all about including others, helping each other and teamwork.

Emergency Numbers

Church Contact:

July 30-Aug 3 Diane Rollie 651-439-7400

Aug. 3-7 Denise Voran 651-439-7400

Luther Dell Contact:

Dave Peet, Camp Director: 218-566-2329

Emergency Contact:

TJ Anderson's Cell Phone: 612-414-0011

Cindy Jones' Cell Phone: 651-270-3029

Please use this as a last resort. Please understand that they may not be able to answer their phones, in which case you will be routed to their voicemails and they will return your call.

Camp Address

You may send your student letters or packages while they are at camp. It takes at least 2 days for the mail to reach us so plan accordingly. They will sing a fun song as a group to receive their mail. Address:

Trinity Junior High Camp c/o Luther Dell

2760 S. Boy Lake Drive NE

Remer, MN 56672

Student Name

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Packing List

Try to pack light, but bring enough clothes for 4 days.
Here is a suggested packing list:

- Sunscreen
- Bug Spray
- Lotion (for when you forget to put on sunscreen)
- Swim suit(s) (One-piece or tankini for girls)
- T-shirts, jeans, shorts (Clothes you don't mind getting dirty from outdoor games and crafts)
- Pajamas, undergarments, socks
- Beach and bath towels
- Sleeping bag or sheet and blankets and pillow
- Personal toiletries (tooth brush, tooth paste, deodorant, shampoo, soap, eye care, etc.)
- Hat (optional)
- Sunglasses
- Athletic shoes which are suitable for outdoor activity
- **Bible** (Don't forget this!)
- Pen or pencil
- Rain gear
- Sweater/sweatshirts
- Camera/film (optional/disposable works great)
- Light snacks (non-perishable items in Ziploc containers or bags to prevent bugs)

Leave at Home

- Boomboxes and/or speakers for a MP3/iPod (Counselors will be in charge of music)
- Valuables: jewelry, cash, expensive cameras...
- Fireworks
- Water balloons and other "gag" items
- Laptop computers and DVD players
- Cell phones (unless special permission)
- Hand-held electronic games
- Cases of caffeinated pop or energy drinks

MP3/IPOD & Cell Phone Policy: MP3/IPODs can be used on the busses and when going to bed and no where else. Cell phones are not allowed without special permission. Campers may use phones at Luther Dell to check in at home if requested.

Clothing Guidelines:

Students are expected to wear modest clothing that is good for athletic activities throughout the day. T-shirts and shorts are great choices. Camp is not a good place to try out that new mini-skirt, short shorts or strapless tanks ladies. If we can see parts of your body we shouldn't we will ask you to change. We expect the guys to wear shirts at all times except when they are on the beach or in the water. Girls as well can only wear swimwear on the beach or in the water – they need to wear clothes on the way to and from the beach to their cabins. Girls must wear one-piece or tankini style swimsuits. We expect all clothing will have appropriate messages (no alcohol or inappropriate advertising or language). These guidelines will help us represent Christ to each other and show respect for the opposite sex and the Luther Dell Camp.